

Tabernacle United Church
3700 Chestnut Street
Philadelphia, PA 19104

Address Correction Requested



Tab Connections

The newsletter of Tabernacle United Church
37th and Chestnut Streets
Philadelphia, PA 19104
tabernacle@tabunited.org

Office hours: Monday, Tuesday, Thursday and Friday 12:30-5:30 pm
Pastor's hours: Monday-Thursday 10:00 am-3:00 pm

November 2009

About TAB: Staff

Ministers.....TAB congregation
Pastor.....Rev. Patricia Pearce
Director, Arts & Spirituality Center.....Rev. Susan Teegen-Case
Director of Music.....Holly Phares
Office Manager.....Barbara Purdom
Sexton.....Susan Lindsey

About TAB: e-newsletter

The Tab e-newsletter is published monthly around the first of the month. It is available at www.tabunited.org and also sent to everyone on the tab-news email list. Please contact the church office (tabernacle@tabunited.org) to submit content. Instructions about how to join the various TAB email mailing lists are available at <http://www.lists.tabunited.org>.

Council Update

At their October meeting, Tab's council met with Wendy and Justin Keane Kline for membership. Justin works at Penn in informational systems and Wendy is an attorney. They first attended Tab this past Easter and have decided to make this community their spiritual home. Welcome Wendy and Justin!

The council also voted for Tab to become a member organization of the Sustainable Business Network of Greater Philadelphia (SBN). SBN is a network of businesses and non-profits committed to supporting an environmentally sustainable, socially just local economy (see <http://www.sbnphiladelphia.org> for more information). As a member organization, Tab will be listed in the SBN directory which has a circulation of 10,000 people who share many of our values.

The council also received an update on the comprehensive informational database that Chris Purdom is developing, which will enable church staff and leaders to have ready access to the information from the Time & Talent sheets and the Welcome Books. Many thanks to Chris for the hours that have gone into (and will go into) this important project.

Choir News

Calling all singers! There are openings in the Tab Ensemble, especially for TENORS and BASSES! If you've been waiting for an invite or are a little shy about singing, don't hesitate--NOW'S the time! You do NOT need to read music, nor be an "accomplished" singer, just one who loves to sing and *perhaps* has some previous singing/choral experience. It would be great to have more voices for Gospel Music Sunday (*see below*) and Advent, so come lift your voice in song with Holly and the wonderful Tab Ensemble. We rehearse three Weds./month, 7:00-8:30 pm; some gather at 6:00 pm to share a meal. The schedule for the rest of the season is below, worship services on the left, WEDNESDAY rehearsals (except where noted!) on the right. Contact Holly at holmus@aol.com if you are interested or have questions.

NOV 1 - Warm-up 9:15 am	NOV 4 - 6 pm: Dinner; 7 pm: Rehearsal
NOV 8 - Warm-up 9:15 am	NOV 11 - 6 pm: Dinner; 7 pm: Rehearsal
NOV 15 - OFF	NOV 18 - 6 pm: Dinner; 7 pm: Rehearsal
NOV 22 - GOSPEL MUSIC SUNDAY - Warm-up 9 am!	NOV 25 - OFF
NOV 29 - OFF	DEC 2 - 6 pm: Dinner; 7 pm: Rehearsal
DEC 6 - Warm-up 9:15 am	DEC 9 - 6 pm: Dinner; 7 pm: Rehearsal
DEC 13 - Warm-up 9:15 am	<u>THURS</u> DEC 17 - 6 pm: Dinner; 7 pm: Rehearsal
DEC 20 - Warm-up 9:15 am	<u>THURS</u> DEC 24 - CHRISTMAS EVE (time TBA)
DEC 27 - OFF	DEC 30 - OFF

Gospel Music Sunday

Don't miss our next celebration of the music of the African and African American cultures on Sunday, November 22. The Tab Ensemble will have some special guests and the music promises to be uplifting and filled with hope, promise and thanksgiving (on the Sunday before Thanksgiving!). Be sure to arrive early or on time to not miss a DROP of this wonderful, spirit-filled Sunday music celebration!

November Service & Bulletin Roles

DATE	PREACHING	WRITING	LITURGIST	CHILDREN'S TIME	QUOTE
Nov 1	Suzanne Spaulding	Susan Pierce	Susan Pierce	Susan Collins	Jen Gleeson Blue
Nov 8	P. Pearce	Kilian Kröll	Andy Lees	Todd Koser	P. Abernathy
Nov 15	Patricia Pearce	Patricia Pearce	Deb Ahrens	Donald Wargo	Deb Burnham
Nov 22	P. Pearce	Jon Hojnacki	G. Butz	Susan Pierce	K. Huseman
Nov 29	Patricia Pearce	Barbara Purdom	Jean Erb	Katherine Huseman	Patricia Pearce

November Supporting Roles

DATE	GREETERS	COFFEE HOUR	COUNTER(S)	RECYCLING	COMPOST *
Nov 1	J. Gerhard & M. Gibson	B. Case & S. Teegen-Case	Bob Case	Jim Gerhard	Todd Koser
Nov 8	G. Butz & J. Culley	Ginny Rice & Lee Pugh	Jean Erb	Patricia Pearce	--
Nov 15	Lynn & Andy Lees	J. Culley & C. Purdom	Chris Purdom	Bob Case	Kip Leitner
Nov 22	Mike Ehling & Lee Pugh	Lynn & Andy Lees	P. Abernathy	Kip Leitner	--
Nov 29	S. Spaulding & M. King	M. Ehling & K. Huseman	TBD	Todd Koser	--

* This is not going to be a weekly activity for the remainder of the year due to low volume.

November & December Communion Rotations

DATE	CO-OFFICIATING	SET-UP & SERVING	CLEAN-UP & SERVING	PICKING UP BREAD *
Nov 1	S. Teegen-Case & B. Dale	J.Thacker	Ginny Rice	Lee Pugh
Dec 6	P. Pearce & K. Day	Jessica Culley	Todd Koser	Lee Pugh

+ Bread donated by Four Worlds Bakery, 4423 Chestnut St.; it should be picked up the day before.

Paperless Sundays

The third Sunday of each month is paperless (no printed bulletin, shown on the grids on page 7 by the shading on Nov. 15). Contact the office for tips on creating a paperless liturgy.

About TAB: Mission Statement

We are called into compassionate community following Christ, advocating for peace, justice and reconciliation, and celebrating God's loving embrace of all creation.

About TAB: Join us for worship!

Sunday Worship is at 10 am, ALL YEAR ROUND! Children and youth attend Sunday School during the service and childcare for children under 6 is provided. Worship is followed by fellowship time during Coffee Hour. Hope to see you in church!

About TAB: Tab Online

Tab's website, www.tabunited.org, has info about affinity groups, events, news, a calendar, sermons, and more! If you are part of a team/committee/affinity group, please help monitor website content about your group. Contact the office or webmaster@tabunited.org with corrections, additions, ideas, etc. Tab's blog (<http://tabunited.livejournal.com/>) has "breaking news"; all blog posts are embedded on Tab's News page and appear on the Tab Facebook page via an RSS feed. (Enter "Tabernacle United Church" in the search box on Facebook.)

About TAB: Sunday Parking

Meter parking on Market, Ludlow and Walnut is FREE Sundays. *Walnut & 38th garage* – Enter on 38th Street, northbound, between Walnut & Sansom Streets; the Greeter will validate garage tickets at Tab. *Until 1 pm* meter parking on Chestnut, 37th, 38th and Sansom Streets is FREE to those with a Tab ID on the dashboard. (You can get the ID ahead of time by going to the Tab website: http://tabunited.org/images/TAB_Parking.pdf, or you can get it from the Greeter.) To dispute a ticket received during a service contact Hilda Belecki, Philadelphia Parking Authority, at 215-683-9786, or the PPA Public Advocate, Frank DeAngelis, at 215-683-9614.

SEMI-ANNUAL TIME CHANGE

Don't forget to set your BACK ONE HOUR on Saturday night for the autumn switch back to Eastern Standard Time!

Sustainable Living Affinity Group

The next potluck/meeting of the SLAG group is Tuesday, November 3 at 7 pm, in the Community Room. And don't forget to bring your Pottstown recycling to church on November 1!

Budget Meeting & Congregational Meeting

On Sunday, November 1 there is a meeting to review/discuss the proposed 2010 budget at 11:45 am. The new budget will be voted on at the annual Congregational Meeting, after worship on November 22. Please plan to attend both meetings!

Tab's Fabulous Retreat

From October 23 to 25 Tab had an amazing church retreat at Appel Farm in Elmer, NJ. So much planning and so many helpers made it such a successful event that it's hard to know where to start. From those who helped organize the fundraising talent show to those who coordinated menus, programs and carpools, and those who offered expertise leading workshops, it truly was an all church retreat! Thanks to everybody who helped and to all who participated. A special thanks to Susan Collins and Katherine Huseman, the primary organizers, and to Cheryl Trump, who stepped forward to be our on-site kitchen manager.

Rotations

The schedule is on the Greeter's table, the fridge and the office & community room bulletin boards. Contact the office ASAP to get a copy or download it from the blog (*see page 6*). Please call or email the office when swapping dates (the info above reflects changes made), and check the schedule before going out of town!

Bible Study Group

The Bible Study Group meets most Wednesdays from 5:30 to 7:00 pm at the Christian Association House (adjacent to Tab). To RSVP or get more information contact either Jean Erb (jeanerb@verizon.net) or Nicole Diroff (nicolediroff@yahoo.com). You can Google the Vanderbilt University Lectionary website to see all of the scripture readings for the current season or just come and join in the lively and enlightening discussions!

Beverly Dale's 20th Anniversary at the CA

The Christian Association will celebrate the Rev. Beverly Dale's 20 years of service to the CA at a reception in her honor on Friday, November 6 from 5:00 to 7:30 pm at the CA House, 118 S. 37th St. It is open to the Penn and Philadelphia community and is free, although donations are accepted. For more info or to RSVP, send email to upennca@dolphin.upenn.edu or call 215-746-6350. An interview with Beverly is in the latest online *Penn Current*: <http://www.upenn.edu/pennnews/current/interviews/102909-2.html>

November Tab.Edu

- 11/1** NO TAB.EDU
(Meeting to examine the draft 2010 church budget)
- 11/08** *Congregational Conversations* – These conversations will focus on the topic of extravagant hospitality and are a precursor to the Advent theme of “Welcoming the Stranger.” All congregations need from time to time to brush up on practicing extravagant hospitality toward new people, strangers, who attend worship. Along those lines, you have also seen in the Time & Talent sheets a new service opportunity called “Ministries of Welcome”. This ministry is the bridge into 2010 that carries on the effort to refresh and revisit the idea of extravagant hospitality. Sharing of ideas, Bible study and practical applications to help to form the foundation, scope and structure of the “Ministry of Welcoming” and extravagant hospitality at Tab.
- 11/15** *Congregational Conversations*, continued.
- 11/22** NO TAB.EDU
ANNUAL CONGREGATIONAL MEETING
- 11/29** *Recycling 101*- The Sustainable Living Affinity Group (SLAG) is hosting a workshop to share information/strategies on household recycling! Learn: how to prepare your recycling for SLAG's Spring 2010 delivery to the Pottstown Recycling Center (they take nearly everything); how to recycle computers & small appliances; how to recycle food waste; how to recycle just about everything and leave your trash collector scratching his head! A handout is provided.

Fun! Group News!

Thanks to all who made the Retreat a success! That means everyone who came, ate, played, sang, talked and helped. Did you know that the idea for the Retreat began about two years ago at a Fun! Group potluck meeting? Interesting things happen at those meetings so please join us at the next one on Sunday, November 15 at 9 am in the Community Room.

Also, save the date: Saturday, December 5 at 6 pm, for the annual, not to be missed, Tab Advent Party! Help decorate the church for the season, eat wonderful food, sing carols and enjoy time with Tab friends. More info in the next newsletter.

Going to a movie this month? Post details re time and date in Tab Forum if you'd like to invite others to join you. And if you'd like to plan a Fun! Group event, it's easy -- just do it, and invite the Tab Community by publicizing it via an email to the Tab Forum.

Fabulous Retreat Food!

There were many requests for the recipe for *Turkish Spinach and Lentil Soup* (Saturday's lunch). Here is a home version serving 6-8; Katherine Huseman's edits are in brackets. The original is in the *Sundays at Moose-wood Restaurant Cookbook*.

1 cup dried lentils; 5 cups vegetable stock or water (more if needed) [we used water]; 1 tsp salt; 1/4 cup olive oil; 2 cups chopped onion; 3 garlic cloves minced; 1/4 tsp cayenne; 2 bay leaves; 1/2 cup raw bulgur or use quinoa [add late in the cooking so it doesn't stick to the pot]; 1/4 cup chopped fresh parsley; 2 cups chopped tomatoes; 1/4 cup tomato paste; pinch dried rosemary (or more if desired); splash of balsamic vinegar(to taste); 2 cups stemmed, cleaned, chopped fresh spinach or a bag of frozen.

Rinse lentils. [Moosewood's version has you cook the lentils and sauté the next set of ingredients separately. I never bother. I do the veggies in the soup pot, then add the lentils and water and reserve the last two ingredients till the final minutes of cooking.] Heat olive oil in heavy soup pot. Sauté onions until translucent. Add garlic, bay leaves, cayenne and raw bulgar [we used quinoa to avoid wheat products]. Stir on medium heat until onions are lightly browned.

Add lentils, water, tomatoes and simmer till lentils are almost done, adding more water or stock as necessary. During this time, thin the tomato paste with warm soup liquid and add it to pot.

When lentils are almost cooked, add bulgar or quinoa (about 10 min before soup is done.) Add rosemary, salt and pepper to taste and remove bay leaves if you wish. Just before serving stir in fresh spinach; let it wilt in the hot soup or add frozen spinach and cook till warm. Garnish with more fresh parsley and serve with crusty bread. [I often double the recipe.]